

CREATING A SOLID VISION WORKSHEET

To make a goal a reality you must create a solid vision that evokes all of your senses to the point where you can't even stand the thought of not reaching that goal. Otherwise when the going gets tough you'll allow yourself to be "fine" at your current state, make excuses for yourself and quit.

PROCESS:

1. Establish Your Vision
2. Write down a benefit of that vision.
3. Expand on that and write down the benefit of that benefit.
4. How does that make YOU feel?

EXAMPLE VISION:

You have a dream of quitting your full time job and make your side business your focus.

Questions to Expand on Vision:

1. What will your 9 to 5 now look like when you quit your job and work for yourself? Create that perfect day in your mind.
2. When do you wake up?
3. What do you do for the first hour? - Benefit? Benefit of benefit? Feel?
4. When do you have breakfast? Where? - Benefit? Feel?
5. What does your work day look like now? Where? With who? When? Benefit? Benefit? Feel?
6. Where are you in the evening? Who are you with? Benefit? Benefit? Feel?

The ticket is to create a solid vision, determine who you have to become and the actions you need to take to get there. Delve deep and write your vision to it's highest capacity. When you reach that goal, write another!

Get started using the template on Page 2.

"Action without vision is only passing time, vision without action is merely day dreaming, but vision with action can change the world."

- Nelson Mandela



USE THE GUIDE BELOW TO PEEL THE ONION ON YOUR OWN VISION

Write Your Vision:

Establish the Benefit of Your Vision:

Expand on the Benefit of that Benefit:

How Does that Benefit Make YOU feel?

"Where there is no vision there is no hope." - George Washington Carver

